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HOSPITALITY &
TOURISM STUDIES
NAVI MUMBAI

Career Enhancement Course

On

Personality Development

Date: 25-10-2014 to 29-10-2014

Time: 10 am – 04 pm

Venue: School of Hospitality and Tourism Studies

Faculty in Charge: Asst. Prof. Chaitali Gosavi



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23rd September 2014

CIRCULAR

Dear Students,

This is to inform you that DY Patil University School of Hospitality and Tourism Studies is organising the Career Enhancement Course next month from 25th October to 29th October 2014

The Topic is “Personality Development” and will be conducted by our experienced faculty member.

We request you all to join these beneficial courses for your better career in future.

Vandana Mishra

Dr. Vandana Mishra Chaturvedi

Director

DIRECTOR
SCHOOL OF HOSPITALITY & TOURISM STUDIES
D. Y. PATIL DEEMED TO BE UNIVERSITY
NERUL, NAVI MUMBAI - 400706



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Faculty Profile-



Ms. Chaitali Gosavi worked for over 10 years with the renowned brand Taj Group of Hotels as a Duty Manager. She was praised by many in-house guests during the tenure for providing excellent customer service, the thanks and appreciation were via online feedback form, which plays a very vital role in a maintaining hotel's reputation.

Currently work as an Assistant Professor at DY Patil Deemed to be University School of Hospitality and Tourism studies in Front Office Department



Itinerary –

Date- 25-10-2014 to 29-10-2014

Topic- Personality Development

Faculty- Asst. Prof. Chaitali Gosavi

Itinerary of the Programme

| DAY 1 | |
|---------------|--|
| 11:00AM | Introduction of the Faculty with the Students |
| 11:30 AM | Introduction of SHTS Career Enhancement Course by host faculty Asst. Prof. Chaitali Gosavi |
| 12:00 PM | Introduction of the topic Personality Development by the faculty |
| 1:00 PM | Lunch Break |
| 2:00 PM | The faculty discussed the different aspects of personality |
| 3:00 PM | Exhibited social effectiveness and display desirable values |
| 4:00 PM | How to increase self confidence |
| | End of Day 1 |
| DAY 2 | |
| 11:00AM | Introduction of spiritual aspects of personality and how it is related to the individuals |
| 12:00 PM | Difference between spiritual and religious person |
| 1:00 PM | Lunch Break |
| 2:00PM | What is the role of the emotion in the workplace |
| 4:00PM | How to control your emotion in workplace |
| | End of Day 2 |
| DAY 3 | |
| 11:00AM | What is mental health and how it is important in workplace |
| 12:00 AM | How to maintain balance between mental health and physical health |
| 1:00 PM | Lunch Break |
| 2:00PM | How to deal with the stress in workplace |
| 3:00PM-4:00PM | Why usually people don't talk about the mental health and status of the employee |
| | End of Day 3 |
| DAY 4 | |
| 11:00AM | What is Social Behaviour? |
| 12:00 PM | How social behaviour is related to the individual personality |
| 1:00 PM | Lunch |
| 2:00 PM | Dos and don'ts in social behaviour |
| 4:00 PM | Positive and Negative aspects of social behaviour |
| | End of Day 4 |
| DAY 5 | |
| 11:00AM | Importance of Physical fitness |
| 12:00 PM | How fit and healthy lifestyle changes the individual personality |

| | |
|--------------------|---|
| 1:00 PM | Lunch |
| 2:00PM | Revision of the previous 4 days |
| 3:00PM- 4:00 PM | Question & Answers Session for Students |
| | End of Day 5 |

School of Hospitality and Tourism Studies have organised the Career Enhancement Course for their students on the topic Personality Development. This is an important factor that decides an individual career. The need of identifying and improving an individual's personality has been felt a component by everyone who aspires for good responsibility to shape good future for students.

In this course the faculty has focused on the following topics-

- Spiritual
- Emotional
- Mental
- Social
- Physical

Types and importance of the personality also the awareness about Self-development, Self-mastery, Self-Discovery and Self-actualization

Course objectives-

- Identify the different aspects of personality
- Demonstrate the maximum level of physical enhancement as a basis for efficient and enjoyable performance
- Exhibit social effectiveness and display desirable values.
- Discuss the different factors that contribute to personality differences.
- Discuss the reason for developing personality and role of personality in human relations and success

Course Outcome-

- Self-confidence of the student will increase
- Public speaking and dealing will be better
- Self-esteem will be higher
- Students will experience the Positive body language
- Inter- Personal skills will be developed



Attendance Sheet

| SR No | Name of the Student | 25-10-14 | 26-10-14 | 27-10-14 | 28-10-14 | 29-10-14 |
|-------|-----------------------------|----------|----------|----------|----------|----------|
| 1 | Gole Pramod Baban | Present | Present | Present | Present | Present |
| 2 | Tiwari Shivam Jay Prakash | Present | Present | Present | Present | Absent |
| 3 | Falebhay Pratik Dnyandeo | Present | Present | Present | Present | Present |
| 4 | Dhande Preetam Mohan | Present | Present | Present | Present | Present |
| 5 | Sawant Rohit Ramesh | Present | Present | Present | Present | Present |
| 6 | Neha Jadhav | Present | Present | Present | Present | Present |
| 7 | Bangera Ganesh Damodar | Present | Present | Present | Present | Present |
| 8 | Nair Roshit Ravi | Present | Present | Present | Present | Present |
| 9 | Patwa Sandeep Umashankar | Present | Present | Present | Absent | Present |
| 10 | Kunwar Tina Mohan | Present | Present | Present | Present | Present |
| 11 | Manish Danekar | Present | Absent | Present | Present | Present |
| 12 | Siram Mohnish Babu | Present | Present | Present | Absent | Present |
| 13 | Datta Sanjay Kanai | Present | Present | Absent | Present | Present |
| 14 | Siddhique Faizal Irshad | Present | Present | Present | Present | Absent |
| 15 | Sudagoni Saidhiraj Maruti | Present | Present | Present | Present | Present |
| 16 | Kadam Akshay Amar | Present | Present | Present | Present | Present |
| 17 | Kulal Nikhil Kusha | Present | Present | Present | Absent | Present |
| 18 | Pawar Aakash Vijay | Present | Present | Present | Present | Present |
| 19 | Mayank Khadelwal | Present | Present | Present | Absent | Present |
| 20 | Jadhav Mayur Raghunath | Present | Present | Present | Present | Present |
| 21 | Sakshi Gongre | Present | Present | Present | Absent | Present |
| 22 | Pawar Aditya Satish | Present | Present | Present | Present | Present |
| 23 | Kadam Prathmesh Madhukar | Present | Present | Present | Present | Present |
| 24 | Pote Tushar Rajendra | Present | Present | Present | Present | Present |
| 25 | Yadav Ajay Shriram | Present | Absent | Present | Present | Present |



Student Feedback-

Student Name

1/2

Bangera Ganesh Demodar

Add individual feedback

Batch

1/2

A

Add individual feedback

Was the course useful?

1/2

Yes

No

Maybe

Add individual feedback

Was the Topic Covered by the faculty was relevant?

1/2

Yes

No

Add individual feedback

Your Overall Experience

1/2

Excellent

Very Good

Good

Poor

Add individual feedback



Student Name

Dinesh Choudhary

Add individual feedback

Batch

H

Add individual feedback

Was the course useful?

- Yes
 No
 Maybe

Add individual feedback

Was the Topic Covered by the faculty was relevant?

- Yes
 No

Add individual feedback

Your Overall Experience

- Excellent
 Very Good
 Good
 Poor



Student Name

1/0

Shakuntal Rupesh Nikam

Add individual feedback

Batch

1/0

A

Add individual feedback

Was the course useful?

1/0

Yes

No

Maybe

Add individual feedback

Was the Topic Covered by the faculty was relevant?

1/0

Yes

No

Add individual feedback

Your Overall Experience

1/0

Excellent

Very Good

Good

Poor



Student Name

0/0

Vaishnavi Mishra

Add individual feedback

Batch

0/0

K

Add individual feedback

Was the course useful?

0/0

Yes

No

Maybe

Add individual feedback

Was the Topic Covered by the faculty was relevant?

0/0

Yes

No

Add individual feedback

Your Overall Experience

0/0

Excellent

Very Good

Good

Poor



Student Name

0 / 0

Abhilash Sathesan

Add individual feedback

Batch

0 / 0

E

Add individual feedback

Was the course useful?

0 / 0

Yes

No

Maybe

Add individual feedback

Was the Topic Covered by the faculty was relevant?

0 / 0

Yes

No

Add individual feedback

Your Overall Experience

0 / 0

Excellent

Very Good

Good

Poor



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Faculty Certificate-



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Certificate of Participation

*This is to certify that Mr. /Ms. Chaitali Gosavi
Had conducted Career Enhancement Course Programme*

“Personality development”

At D.Y.Patil School of Hospitality & Tourism Studies, Navi Mumbai

On 25th Oct 14 to 29th Oct 14

Pallavi Chaudhari
Vice Principal
School of Hospitality & Tourism Studies



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Student Certificate-



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Certificate of Participation

*This is to certify that Mr. /Ms. Sakshi Gongre
Had Participated in Career Enhancement Course Programme
"Personality development"
At D.Y.Patil School of Hospitality & Tourism Studies, Navi Mumbai
On 25th Oct 14 to 29th Oct 14*

Pallavi Chaudhari
Vice Principal
School of Hospitality & Tourism Studies



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Certificate of Participation

*This is to certify that Mr. /Ms. Neha Jadhav
Had Participated in Career Enhancement Course Programme
"Personality development"
At D.Y.Patil School of Hospitality & Tourism Studies, Navi Mumbai
On 25th Oct 14 to 29th Oct 14*

Pallavi Chaudhari
Vice Principal
School of Hospitality & Tourism Studies



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Certificate of Participation

*This is to certify that Mr. /Ms. Manish Dandekar
Had Participated in Career Enhancement Course Programme
“Personality development”*

*At D.Y.Patil School of Hospitality & Tourism Studies, Navi Mumbai
On 25th Oct 14 to 29th Oct 14*

Pallavi Chaudhari
Vice Principal
School of Hospitality & Tourism Studies



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Certificate of Participation

*This is to certify that Mr. /Ms. Mayank Khandelwal
Had Participated in Career Enhancement Course Programme
“Personality development”*

*At D.Y.Patil School of Hospitality & Tourism Studies, Navi Mumbai
On 25th Oct 14 to 29th Oct 14*

Pallavi Chaudhari
Vice Principal
School of Hospitality & Tourism Studies