

DY Patil Deemed to be University, School of Physiotherapy, Navi Mumbai



Dr. Bijal Dodia (PT) Batch 2002

MPTh (cardiovascular and respiratory sciences)
Consultant and Unit Head (Inpatient and Critical care Physiotherapy),

After graduating from D Y Patil College of Physiotherapy, I was selected for the post graduate program in cardiovascular and respiratory sciences at Seth G S Medical College and KEM hospital.

Immediately after completion of my post graduation, I worked at tertiary care hospitals like Nanavati Hospital and Saifee Hospital as ICU in-charge for physical therapy. I feel extremely fortunate to work with one of the best tertiary care hospitals in the world, Sir H N Reliance Foundation hospital as a consultant physiotherapist and Unit Head of Inpatient and critical care physiotherapy. Apart from my clinical duties, I also serve as an internal auditor for Quality, Infection control and Medical records for the JCI and NABH accreditation process.

Have played an active and instrumental role in establishing the only escalated rehab center for Inpatients in the city. I have been awarded multiple times as 'Star of the Quarter' and WOW Award for exemplary display of organizational values and behaviors.

Along with my deep interest in Critical care rehabilitation and Early mobilization, I am also one of only 12 certified Pelvic floor physiotherapist of Mumbai. I have co-authored a chapter on Rehabilitation in Organ Transplantation in the book Principles and practice of Physical Rehabilitation

Currently, I am focusing on escalating Early mobilization in ventilated patients and recreational rehabilitation in inpatient and critical care unit.

I have no words to thank my Alma mater, D Y Patil College of physiotherapy for enabling me making who I am today and for fixing the bricks of base for my career in physical therapy.

Joining D Y Patil College of physiotherapy in 2002 was a life changing event for me. I was provided with innumerable opportunities to learn and grow in the tenure of 4.5 years of my degree. What set the college apart was a deep academic focus afforded through access to top class faculty and facilities coupled with an equally intense emphasis on all round development through sports tournaments and cultural events. I was very lucky to leverage these opportunities.

More than a decade later, I still remember the memorable time I spent at my Alma mater, encompassing classroom and clinical learning's, cricket tournaments and the festival 'Chaos'. The rigor and depth of BPTh program have prepared and given me the knowledge, the tools and the confidence I need to go in to any organization and help solve complex clinical challenges.

A heartfelt thanks to all the teachers of D Y Patil College of physiotherapy, who have always provided with solutions to any problem and showed me the correct pathway towards the success.

I am really proud and fortunate to be associated with such a wonderful and intelligent cohort of teachers. What I will always cherish the most is the accessibility and willingness of faculty to connect and help secure many of opportunities I received.

It is hard to say where I would be today without my teachers and Alma mater.



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Dr. Saurabh Rane (PT) Batch 2009-2013

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I am Saurabh Rane, and I graduated from the batch of 2009-2013 from DY Patil University School of physiotherapy. Over the years, my curiosity and drive to improve lives have led me to experiment outside clinical practice. I worked as a sports physiotherapist with multiple sports teams. I was at the peak of my career when I was hired as the youngest physiotherapist for the Indian national football team. I was lucky to experience beautiful moments like - winning the silver at South Asian Games after winning the 12 years and also winning an away match after 16 years.

Throughout my clinical practice, I worked in the public health space to drive systemic changes to help more and more people. After deliberation, I decided to jump into the other boat full time and worked with top-notch consulting firms like IPE global and McKinsey and Co. My work focused on addressing challenges in healthcare systems for state governments through NITI Aayog. It consisted of diagnosing problems and providing innovative solutions. Through these years, my interest in health-tech grew as I worked extensively with innovators. I decided to work in the program management and product development space to bring the power of emerging technologies to the communities.

Currently, I am working with a non-profit applied research organization that builds Artificial-intelligence based solutions in healthcare, agriculture, financial inclusion, and infrastructure. Apart from this, I also involve myself in national and international level advocacy towards the elimination of tuberculosis. I have worked with the World Health Organization, Bill & Melinda Gates Foundation, McGill University, The Union, and many other international organizations towards this mission. For my efforts, I have won multiple awards and grants like Harvard India US initiative social impact award, D-Prize, and TEDx platforms. Recently I was nominated as a finalist under the 'Rising Champion' category by REACH international awards and was felicitated by the Crown Prince of Abu Dhabi and Bill gates.

The roots decide how strong and tall the tree might grow. My time at the school of physiotherapy, strengthened my foundation in medical sciences and the principles of clinical practice throughout my graduation, instilled a discipline within me. The extended exposure to practical coursework built empathy, a crucial component of my personality. The large pool of rich experiences that the faculty bring into the classroom contributed to my character beyond just academics.

Looking back, my teachers, peers, seniors, juniors, and the support staff at the School of Physiotherapy, have contributed in shaping me as a person. They will always hold a special place in my life.